

Clockhouse Primary School

The Clockhouse Curriculum



Our PSHE Curriculum Rationale

What do we want for our children and how will we work together to achieve this?

At Clockhouse Primary School, we strongly believe that it is our responsibility to enable our children to become healthy, independent, responsible and resilient members of the Clockhouse family and wider community through the Personal, Social, Health and Economics education (PSHE) Curriculum. Our aim is to grow children's understanding of how they develop personally and socially and sensitively address many of the moral, social and cultural aspects that are part of growing up in modern Britain. At Clockhouse, we feel it is important to provide our children with opportunities to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.

Through PSHE, pupils will be encouraged to develop a sense of self-worth by playing a positive role in contributing to school life and the wider community and we believe that this in turn will grow our pupils into tolerant, respectful and well-rounded citizens.

At Clockhouse, we deliver the PSHE curriculum by utilising first hand learning experiences, sharing good practice and tailoring the curriculum so that it reflects our school values and context as well as accommodating the needs of all our pupils. By equipping them with the skills, knowledge and understanding of assessing risk, our pupils will be prepared to make informed and measured decisions now and in the future. This includes Relationships and Sex Education (RSE), which is taught sensitively, and factually, further equipping pupils for life in society. We recognise not only the high importance of teaching and assisting our pupils to understand, recognise and form healthy friendships and relationships, but also the vulnerability that our pupils have in the community and thus RSE is seen as a crucial part of the journey of preparing our pupils for adult, independent life.

What are we trying to achieve through the Clockhouse PSHE Curriculum? (*Intent*)

Our PSHE Curriculum aims to recognise and build on children's previous learning; embed key knowledge; allow children to practise and develop a range of skills; be creative and instil a sense of self-belief, encouraging them to challenge themselves and each other. It ensures that the children have a wide variety of learning including RSE. High quality RSE helps create safe school communities where pupils can grow, learn, and develop positive, healthy behaviour for life. It can have a positive impact on pupils' health and wellbeing and their ability to achieve.

At Clockhouse Primary School, all we do is underpinned by our Values. These Values support our 'Key Curriculum Drivers'. Our Drivers are used to ensure all stakeholders know what we want for our children – our intent:

- **Challenge** – In PSHE, it is our intention to expand the world of the children beyond Collier Row and Romford. We challenge their thinking and their understanding of the world to build upon their sense of self. Pupils are taught to challenge the thinking of others and this is always done respectfully. The element of challenge in PSHE sessions is designed to develop resilience and self-worth. Through PSHE, the children are encouraged to set goals, overcome obstacles, which prepares them to tackle academic and life challenges effectively.
- **Global Citizenship**– In PSHE sessions, we aim to broaden the children's experiences of the world and life situations through real-life scenarios. It gives the children a safe space to discuss sensitive issues with confidence, expand their critical thinking and increase their understanding of the varied perspectives of others encountered in the wider world around them. RSE sessions aim to promote the spiritual, moral, cultural, mental and physical development of pupils and prepare them for the opportunities, responsibilities and experiences for later life. Pupils will know how to be safe and to understand and develop healthy relationships, both now and in their future lives.
- **Creativity** – Every child at Clockhouse Primary School is recognised as a unique individual and we celebrate and welcome differences within our school community. This means pupils are encouraged to think and solve problems creatively in an environment that welcomes challenge for all learners. By

fostering self-awareness, emotional intelligence, and open-mindedness, the children are inspired to explore new ideas and express themselves innovatively.

- **Aspiration** – Through PSHE, we broaden children's understanding and experiences of the world of possibilities around them. We encourage our children to fearlessly strive to achieve above and beyond the boundaries of our community. Teachers support children's aspirations helping them to identify their strengths, set goals, and overcome challenges. The subject also exposes them to diverse career possibilities, inspiring them to envision and pursue a wide range of future opportunities.
- **Well-being** – It is the aim of PSHE and RSE to show children a healthy and reasonable way to express their thoughts and feelings. Pupil well-being is shaped and nurtured holistically at Clockhouse. We believe that teaching about mental health and emotional well-being as part of our PSHE Curriculum is vital. PSHE supports inclusion by promoting respect, empathy, and understanding of diverse backgrounds and abilities, creating a more inclusive and supportive school environment for all students. We aim to promote pupils' wellbeing through an understanding of their own and others' emotions and developing healthy relationships and coping strategies. Promoting this emotional intelligence and critical thinking, enables the children to face and manage various challenges with confidence and competence. Furthermore, this contributes to safeguarding as pupils are provided with knowledge, understanding and strategies to keep themselves healthy and safe, as well as equipping them to support others who are facing challenges.
- **Cultural Capital** – In order for our pupils to succeed in life and grow into educated citizens, our intention is to cultivate an appreciation for the rich diversity in human achievement and creativity. Through the PSHE Curriculum, we celebrate and embrace differences, backgrounds, heritage, language and traditions of all the children living in this country. British Values, SMSC as well as Character Education is interwoven into all aspects of the curriculum to build on our cultural capital. Our intention is to expose our pupils to many enrichment opportunities to ensure that they experience the 'awe and wonder' of the world in which they live. This is also offered through our '100 things to do before leaving Clockhouse' which aims to provide pupils with as many enrichment experiences as possible.

How is the Clockhouse PSHE Curriculum delivered? (*Implementation*)

In order to effectively implement the PSHE curriculum, we follow a comprehensive and sequential approach that ensures progression, continuity, and coverage across all key stages. The curriculum is tailored to meet the specific needs and interests of our pupils, considering their age, maturity, cultures, and backgrounds. Planned sequences of lessons are supplemented with relevant and up-to-date resources, which are regularly reviewed to ensure accuracy and appropriateness.

Our teaching approach places great emphasis on creating a safe, inclusive, and respectful learning environment where pupils feel valued and free to express their thoughts and concerns. We employ a range of teaching strategies that actively engage pupils in their learning, including discussions, debates, role-plays, group activities, and reflection exercises. We also incorporate opportunities for active learning, exploring real-life scenarios, visits from external speakers, and the use of technology, to enhance the authenticity and relevance of the curriculum.

PSHE is taught by dedicated and well-trained teachers who have a thorough understanding of the subject as well as its wider implications. The school also ensures that PSHE is embedded across other subjects and the wider school community, reinforcing its importance and relevance in all aspects of pupils' lives.

- The PSHE Curriculum is thoughtfully mapped out in order to reflect our school Values; meet the needs of all children; and that of statutory guidelines set out by the Government.
- Trusted and engaging resources are used to enable a deepening of children's knowledge, understanding and skills throughout the PSHE Curriculum. Character Education runs alongside PSHE and supports the development of essential skills and attributes within the context of planned PSHE and RSE lessons, SMSC and British Values.
- A variety of teaching and learning strategies are used which encourages participation from all learners with specific opportunities for all pupils to develop critical thinking and relationship skills within the RSE curriculum.

- All medium-term planning of PSHE is cross-referenced with progression and assessment documents and the long-term planning to ensure effective coverage. Weekly PSHE sessions are progressive, age-appropriate and timetabled so that it does not become 'lost' within the curriculum.
- The curriculum is planned thoroughly, starting with the children's current knowledge and skills, so that progress can be made and measured.
- Lessons are clearly scaffolded and adapted to meet the needs of all children and provide appropriate challenge for all to exceed their starting point.
- The curriculum is enhanced and enriched through themed weeks throughout the year, including 'Best of British' Week and 'We Are' Week.
- Lessons are delivered through real-life experiences to provide the children with a context for learning and to engage pupils. They offer a wide variety of teaching and learning styles within PSHE education, with an emphasis on interactive learning and the teacher as facilitator.
- A clear and comprehensive RSE scheme of work within PSHE and in line with the statutory teaching of RSE in the National Curriculum (updated 2021) is implemented. The teaching and learning of RSE is planned carefully in each year group so that children know more, remember more and understand more. The RSE programme of work is well resourced and age-appropriate. Parents are informed of the content of the RSE programme of work during the class transition meetings, planned information sessions, and further support or clarification given if required.

Wider Curriculum

- All subjects are linked to PSHE, British Values and SMSC and staff use the language consistently. Staff regularly provide children with time to consider what is going on in the world around them through watching Newsround, current news sessions and sharing news stories across the school.

Displays across school

- PSHE, British Values and SMSC displays throughout the school reinforce the PSHE curriculum and school Values, enabling children to make links and celebrate diversity and the cultural capital we work hard to promote.

Assemblies

- Whole school and Cluster Assemblies always link to PSHE, British Values and SMSC. Assemblies cover relevant and current issues and include the school Values.

What difference is the Clockhouse PSHE Curriculum making? (*Impact*)

The impact of our outstanding PSHE curriculum is evidenced by the positive changes it brings about in our pupils' attitudes, knowledge, and skills. Pupils develop a strong sense of self-awareness, resilience, and emotional well-being, as they explore and reflect upon their own feelings, thoughts, and actions. They are equipped with the knowledge and understanding necessary to make informed decisions about their health, relationships, safety, and economic well-being.

Pupils develop effective communication, listening, and problem-solving skills, enabling them to manage relationships, resolve conflicts, and collaborate with others both within and beyond the school community. They demonstrate a deep respect for diversity and value equality, and are empathetic towards others, understanding the impact of their actions and choices on individuals and the wider society. We believe that through this our pupils will be prepared for the opportunities, responsibilities and experiences of later life. PSHE sessions will contribute towards pupils being successful, independent learners who reflect on, identify and transfer what they have learned from school to their lives in the wider community. Clockhouse pupils will be equipped with the strategies, skills and language in order to realise their characteristics in the real world as well as solve problems and make wise decisions. Children will recognise and apply the *British Values* of Democracy, Tolerance, Mutual respect, Rule of Law and Individual Liberty to not only celebrate themselves and others but to problem-solve in creative ways.

High quality PSHE lessons will help our children to achieve their full potential; view challenges as a means to improve; and set aspirational goals for success in their future, regardless of social standing.

Our PSHE curriculum equips pupils with economic knowledge and financial literacy, enabling them to manage money effectively and make informed decisions about their future aspirations and careers. Pupils develop critical thinking skills, enabling them to analyse and evaluate information, critically engage in issues affecting society, and contribute positively to their communities.

Through our progressive Character Education lessons, Clockhouse pupils will be able to demonstrate the main attributes, attitudes, values and beliefs that make up the complex concept of character. Our six areas of character- values, teamwork, self-awareness, resilience, community as well as integrity (*moral compass*)-are implemented in our curriculum and reviewed annually. They will know how to keep themselves and others safe; develop healthy relationships; manage behaviour and deploy effective strategies in challenges. Pupils will have respect for themselves and others and will be ready to achieve well in life in modern Britain.

By the end of the Clockhouse journey, pupils in RSE will demonstrate confidence and awareness about sex and relationships in an independent and safe way. They will develop a good understanding about safety and risks in relationships and RSE will promote pupil wellbeing and prepare them for the challenges, opportunities, and responsibilities of adult life. Children will have respect for themselves and others as well as develop a positive body image.