

PSHE in Year 1 at Clockhouse Primary School



Key
Stage
1

Year
1



Relationships

Living in the Wider World

Health and Wellbeing

Statutory Relationships and
Sex Education

Autumn 1

Respecting ourselves and others
How behaviour affects others

In this unit the children will learn what respect means and how we show respect to other people. They will also explore feelings and what to do when they strong feelings.

Autumn 2

Belonging to a Community

In this unit the children will learn about rules both in school and in the community. They will learn about different groups of people and recognise what makes a person special.

Spring 2

Money Matters

This unit introduces children to what money is, where money comes from and how to keep money safe. It also encourages children to think about different jobs in the community and how they can earn money when they are older.

Spring 1

How are we cared for?

This unit focuses on the different roles that people play in our lives and who care for us and keeps us safe. We focus on what a family may look like and how these are different in each household.

Summer 1

Safe Relationships

As part of our RSE we will teach the children the difference between unwanted and wanted touch and introduce them to what the word permission means.

We also learn how rules and age-restrictions help us to stay safe.

Summer 2

Managing the Transition to Year 2

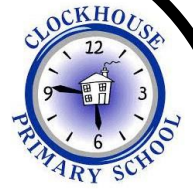
In the final half term of the year the children will learn what goals are and how to persevere before setting themselves a goal for the next year.

Physical Health and Mental Health.

We begin to explore why it is important to take care of our physical and mental health. We look at how people keep healthy and the importance of personal hygiene



PSHE in Year 2 at Clockhouse Primary School



Key
Stage
1

Year
2



Relationships

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Autumn 1

Recognising things in common and differences: playing and working cooperatively: sharing opinions

Our first unit focuses on mutual respect and why this is important in Britain today. We then move on to learn about teamwork and taking responsibility for our actions. In this unit we begin to understand what it means to negotiate and co-operate with one another.

Autumn 2

Making friends: Feeling lonely and getting help.

This unit focuses on the qualities that make a good friend and provides the children with strategies for making strong friendships. They will also learn what it means to be lonely and how to ask for help when they need it.

Spring 2
Money Matters

Building on their learning from Year 1, this unit focuses on how money can be spent and saved in different ways. The children will also learn about the difference between wants and needs.

Spring 1
**Growing and Changing
Physical and Mental Health**

This unit links to the 'Healthy Us' topic and addresses why it is important to take care of our physical and mental health. The children will learn why sleep is important, how medicines keep us healthy as well as the importance of good dental hygiene. The final lesson of the half term focuses on body parts and what the word private means. The children will explore how the body has lots of different parts that keep us alive. The children will learn the correct names for private parts and the swimwear rule.

Summer 1
**Belonging to a Community
Keeping Safe**

This unit looks at who makes up our local community and what it means to belong. The children will also explore the ways communities of people are similar and different to one another. They will also learn the meaning of the word risk as well as keeping safe in the sun as part of this.

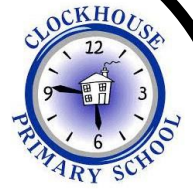
Summer 2

Managing the Transition to Year 3

In the final half term of the year the children will learn different changes that happen in life, how changes can make them feel and how to manage their feelings. They will also reflect on some of the challenges they have faced in Year 2 and how they can prepare to move into KS2.



PSHE in Year 3 at Clockhouse Primary School



Key
Stage
2

Year
3



Relationships

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Autumn 1

**Respecting ourselves and Others
Respect in Families and Relationships**
Our first unit will be about establishing respectful relationships with the people at home and in school. We will look at different family structures, learn about what makes a positive family life and what is meant by the term role model.

Autumn 2

Different Jobs and Skills

This unit focuses on exploring what is meant by a stereotype in different jobs as well as learning how there are different careers to choose from.

Spring 2

**Safe Relationships
Belonging to a Community**

This unit explores what rules are and why they are put in place to keep us safe. The children will also learn about personal boundaries and what is an acceptable boundary for themselves may be different to someone else.

The children will also discuss the impact of hurtful behaviour as well as explore positive attitudes towards women.

Spring 1

Money Matters

Building on their learning from Year 2, this unit focuses on why we need money and discuss the risks associated with money. The children will also learn about responsibility and consequence when spending money.

Summer 1

**Safety in Unfamiliar Areas
Expressing Feelings**

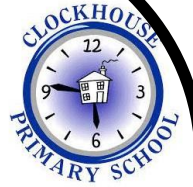
This unit looks at what is meant by the term risk and how we can keep safe in unfamiliar places. The children will also learn what is meant by a healthy choice and how they can express their feelings in a healthy way.

Summer 2

Managing the Transition to Year 4

In the final half term of the year the children will spend time exploring their personal strengths and celebrating their achievements throughout the year. They will also identify any setbacks and discuss how they faced these challenges.

PSHE in Year 4 at Clockhouse Primary School



Key
Stage
2

Year
4

Autumn 1 Families and Friendships Managing Peer Influence

Our first unit will explore how to respect the similarities and differences between people. Children will be able to recognise what they have in common with others. This learning all links to our British Values and our Clockhouse Values.

Autumn 2 Money Matters

Building on their learning from Year 3, this unit focuses on identifying the different decisions people have to consider when they spend their money and how these are based on priorities, needs and wants. The children will explore different ways to keep track of money.

Spring 2 Personal Identity Keeping Safe in Different Situations

This unit encourages the children to recognise their own individuality and their different qualities. They will also discuss mental well-being and explore what it means to become independent. The children will also learn how to keep safe in different situations and how to respond to an emergency.

Spring 1 Belonging to a Community

This unit encourages children to think about the responsibility they have in the community, comparing the difference between rights and responsibility. They will learn about Greta Thunberg and consider why she is a significant person and finish the unit by exploring how they could be effective in the wider community.

Autumn 2 Safe Relationships

This unit focuses on the different types of bullying and how to respond to hurtful behaviour. The children will compare healthy face to face and online friendships and identify where to get advice/help when feeling uncomfortable or unsafe. The children will also explore the meaning of the words confidential and secret and when this should or should not be agreed to.

Summer 2

Managing the Transition to Year 5

In the final half term of the year the children will spend time applying their learning of how to form positive friendships, how their choices affect their own and each others well-being. They will discuss pocket money and how they should be sensible with this as they become older. They will also discuss their hopes for Year 5.



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PSHE in Year 5 at Clockhouse Primary School



Key
Stage
2

Year
5

Autumn 1 Managing Friendships and Peer Influence

Our first unit will explore how to recognise a healthy friendship and begin to understand that friendships can change over time. They will focus on learning how to resolve disputes and reconcile differences as well as building their resilience.

Autumn 2 Recognising prejudice and discrimination

This unit focuses on what is meant by the term Values. The children will learn about prejudice and discrimination before discussing this in terms of the community. They will also learn what is meant by the term immigration in this unit.



Spring 2 Keeping Safe

This unit encourages children to explore healthy sleep habits and the impact this can have. They will also learn about medicines and household products, bacteria and viruses as well as common drugs in everyday life and how they can keep us safe.

Spring 1 Money Matters

Building on their learning from Year 4, this unit focuses on identifying the different financial risks that happen with money, how to be a critical consumer and explain what influences people's decision.

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Summer 1

Physical and Emotional Changes in Puberty

This unit is taught as part of our RSE Curriculum. The children will learn about emotional and physical changes that take place during puberty. They will also learn the names of external body parts.

Summer 2 Managing the Transition to Year 6

In the final half term of the year the children will spend time learning about different career choices and thinking about their future aspirations. They will also discuss what it means to collaborate as part of a team.



PSHE in Year 6 at Clockhouse Primary School



Key
Stage
2

Year
6

Autumn 1 Valuing Diversity

Our first unit is all about the concept of diversity. The children will explore knowing how and when a stereotype should be challenged as well as learning how to respond to each other's point of view in a respectful way.

Autumn 2

Recognising and Managing Pressure

This unit encourages children to discuss pressure in different contexts. **This includes peer pressure and consent.** They will also explore body image and identify how to cope with managing stress.

Spring 1 Money Matters

Building on their learning from Year 5, this unit will teach the children how to budget and why a budget is needed, identifying how spending can affect emotional spending and explore what ethical spending means.

Spring 2

Media Literacy and Digital Resilience

This unit is all about learning what fake news is, how an article can be fact-checked and the role of the media. The children will also discuss screen time and the positive/negative impacts of this.

Summer 1

Human Reproduction and Birth

This unit is taught as part of our RSE Curriculum. The children will learn about puberty in boys and girls and understand how humans reproduce. They will also explore romantic attraction as a concept.

Summer 2

Managing the Transition

In the final half term of the year the children will spend time learning about the laws surrounding drugs and the basics of first aid training. They will also explore how to manage the transition to Secondary School and how to self-motivate themselves to do well.



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